



Pamela M. Trainque

February 23, 1951 - March 18, 2025

Pamela Trainque of Lunenburg died on March 18, 2025 at the age of 74, after an almost 2 year battle with assorted illnesses.

She leaves her devoted husband Roland with whom she would have celebrated their 51st wedding anniversary on April 20th. She leaves her much loved sons, Jarrod and his wife Annie of Somerville, MA and Adam and his wife Nicole of New Orleans, Louisiana. She also leaves her precious grandchildren, Veronica and Louis of New Orleans.

She leaves her brother, Mark Soucy, in-laws Rick and Terrie Trainque of Lunenburg, Dolores and Don Moon of Colorado Springs, Colorado, Theresa and Richard Campbell of Richmond Hill, Georgia, Doreen and Dan Elliot of Petersham, MA. She also leaves 8 nieces and nephews, Peter, Christine, Sara, Max, Alex, Amanda, Stephen and Andy.

She was predeceased by her parents, Andy and Pat Soucy, her brother, Steven Soucy as well as her in-laws Roland and Claire Trainque.

Pam grew up in Lunenburg, having moved into the family home on Pratt St. as a toddler. She attended school in Lunenburg, graduating in 1969. After high school, she pursued a career in nursing. She spent the majority of her career at Health Alliance-Leominster campus for 40 years, retiring in 2016.

She enjoyed the outdoors, and when her health allowed, she could be seen walking her daily 4-mile routine in the Whalom area. When the boys were younger, Pam and Roland purchased a pop-up camper and camped in many areas throughout New England. They eventually took the time and trip of their lives as they headed west to the Rockies to enjoy the National Parks of Canada and the United States. Pam enjoyed skiing as a young adult but gave it up to raise her young family. She returned to skiing in the mid 90's! She bought yearly passes to Mount Wachusett ski area as well as joining the Montachusett Ski & Snowboard Club. She spent several years with her friends on the slopes. When her son Adam started his family in New Orleans, Pam and Roland decided to spend winters there to enjoy the grandchildren and the warmer snow-free weather. Unfortunately Pam's illness reduced their travels to the south. Pam will be missed by her family and close friends.

There will be a visitation at the Anderson Funeral Home, 25 Fitchburg Rd., Ayer on Friday, May 9th from 10AM – 12Noon. A prayer service will begin at 12Noon. In lieu of flowers, Pam requests donations to the American Cancer Society, 125 S Huntington Ave., Boston, MA 02130.

Previous Events

Calling Hours

MAY 9. 10:00 AM - 12:00 PM (ET)

Anderson Funeral Home - Ayer
25 Fitchburg Road ~ Route 2A
Ayer, MA 01432
(978) 772-2355

Prayer Service

MAY 9. 12:00 PM (ET)

Anderson Funeral Home - Ayer
25 Fitchburg Road ~ Route 2A
Ayer, MA 01432
(978) 772-2355

Tribute Wall

RF

“ Raymond Harriot's family J D Leblanc fam purchased the Beautiful in Blue for the family of Pamela M. Trainque.



Raymond Harriot's family J D Leblanc fam - May 08, 2025 at 01:11 PM

RF

“ Raymond Harriot's family J D Leblanc fam planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Pamela M. Trainque.

Raymond Harriot's family J D Leblanc fam - May 08, 2025 at 01:11 PM



“ Enchanted Cottage was purchased for the family of Pamela M. Trainque.



May 08, 2025 at 11:01 AM

LW

“ Love, The Murtha Family of Worcester purchased the Country Basket Blooms for the family of Pamela M. Trainque.



Love, The Murtha Family of Worcester - May 07, 2025 at 09:34 PM

SD

“ Steven D. purchased the *Dreams From the Heart Bouquet* for the family of Pamela M. Trainque.



Steven D. - May 05, 2025 at 01:21 PM



“ *Gracious Lavender Basket* was purchased for the family of Pamela M. Trainque.



May 01, 2025 at 10:28 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Pamela M. Trainque.

May 01, 2025 at 10:28 PM

CC

“ Christopher C. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Pamela M. Trainque.

Christopher C. - March 30, 2025 at 02:06 PM

KS

“ I will hold dearly all of my conversations with Pam throughout the years and I will keep her friendship close to my heart. Prayers for Roland and the boys and their families....such a loss ❤️

Karen Stropparo - March 25, 2025 at 07:24 PM

FG

“ Pam was always such a professional nurse. She was the nurse for one of our boys when they were born and I'll never forget how much love she shared to all of us with her smile and graciousness. Wishing the family hope and peace during this difficult time and hope there will be an Leominster nurse reunion in heaven someday!

Fawn Gagnon - March 23, 2025 at 08:40 AM



“ Enchanted Cottage was purchased for the family of Pamela M. Trainque.



March 22, 2025 at 03:05 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Pamela M. Trainque.

March 22, 2025 at 03:05 PM

JP

“ Our sincere condolences to the Trainque family! Pam fought her illness and never gave up! Love, the Wasel family and Joe & Bernadette Progin

Joe Progin - March 22, 2025 at 02:04 PM

LF

“ I worked for a short while with Pam. She was an absolute A++ labor nurse. She was positive, upbeat and all about delivering the best patient care. She was admired by all and is a great loss to the community. Sail with the angels, Pam!

With love,
Lucille Force

Lucille Force - March 21, 2025 at 04:50 PM

TC

Dear Rollie,
We'd like to remind you of the many enjoyable visits in Maryland and Massachusetts we had with Pam and you. She was a great hostess - we remember her treating us on our 25th Anniversary with a family get-together at your place. We also recall Pam cooking Therese a special birthday dinner, the year we were living with Mom. Lots of wonderful memories.

Pam will be well-remembered. She is in our prayers.
May God bless you, Jarrod & Annie, Adam & Nicole and their children, Veronica and Louis, in addition to Mark, Pam's brother.

Love,
Richard, Therese and their Campbell Clan

Therese Campbell - March 23, 2025 at 07:12 PM