



## Carol A. Uphold

May 2, 1949 - January 19, 2022

TOWNSEND: Carol A. (Crowley) Uphold, 72, of Townsend, died Wednesday, January 19, 2022 at Nashoba Valley Medical Center, Ayer.

Her husband of fifty years, Barry W. Uphold, died in April 2020.

Carol was born in Framingham, May 2, 1949 a daughter of Phyllis Crowley and has resided in Townsend for nearly fifty years. She had attended The Perkins School where she sang in the choir and played the guitar. She also enjoyed knitting, baking and singing. She also took much joy in caring for the many day care children over the years as well as spending time with her grandchildren and great grandchildren.

She was a very patient, giving, gracious, strong woman who was dearly loved.

She leaves two sons, Gregory J. Uphold and his wife, Ana of Leominster, Brian J. Uphold and his significant other, Beth Zantouliadis of New Salem; her daughter, Aimee L. Martinez and her husband, Wayne of Westminster; five sisters, Diane Wilson of Dracut, Lorraine Gilbert of South Carolina, Judy Cassidy of Danvers, Linda Zardeskas of Bellingham, Susan Mason of Malden; eleven grandchildren, Nicholas Uphold, Noah Uphold, Hailey Younger, Andrew Uphold, Sevina Ospina and her husband Chaz, Adriel Martin, Mikayla Martin, Gabriel Martinez, Amber Martinez, Brittany Martinez, Nolan Uphold

and four great grandchildren, Christine Contois, Myla Martin, Barry Martin and Carson Roberge.

Carol's family will receive family and friends at calling hours from 4-7 PM Wednesday, January 26, 2022 at the Anderson Funeral Home, 250 Main Street, Townsend Center. For additional information or to leave an online condolence, please visit their website at [www.andersonfuneral.com](http://www.andersonfuneral.com).

# Previous Events

## Calling Hours

JAN **26.** 4:00 PM - 7:00 PM (ET)

Anderson Funeral Home - Townsend  
250 Main Street ~ Route 119  
Townsend, MA 01469  
(978) 597-2692

# Tribute Wall



“ *Cherished Memories - All White was purchased for the family of Carol A. Uphold.*



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January 23, 2022 at 08:02 PM



“ *So very sorry to hear this. I never met Carol but know of her story and was always impressed with the courage that she and her husband had in raising a family and never letting any visual limitations stop them from being a contributing part of our town.*

*Role models, for sure.*

*Mary Majkut  
Orleans, MA*

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**Mary Majkut** - January 23, 2022 at 06:32 PM



“ *C White lit a candle in memory of Carol A. Uphold*



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**C White** - January 22, 2022 at 06:27 PM

CW

*To Carol's family, I am so sad to hear of Carol's passing. I knew her for many years. She was such a good person to talk to. I know she will be missed...My sincere condolences to family and friends....*

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**C White** - January 22, 2022 at 06:31 PM